

Institute for Family and Sexuality Studies
(Faculty of Medicine, KULeuven)

The Catholic University Leuven (KULeuven) is the only university in Flanders and The Netherlands that offers an academic training as a Master of Science in Sexology. This master program is unique and different from – more practically/professionally oriented – programs due to: (a) its academic character, and (b) the broadness of perspectives from which human sexuality is being studied, with biological/medical, psychological, legal/juridical, ethical, philosophical, sociological, anthropological, cultural oriented courses being included in the curriculum.

The master program provides to its students an overview of various developments in scientific research about sexuality and relationships and how related (basic) scientific disciplines contributed and contribute to the development of this relative new scientific field.

Thereby, special attention is given to different career opportunities for graduates such as sex counseling, sex therapy, sex education, sexual health care and sex research. Students are also prepared to speak to a non-scientific lay public about aspects of sexuality, partner relations and families.

Practical information

Participants should **book online** before March 10th on the webpage www.uzleuven.be/context. (symposium 50 jaar / workshops). The booking will be definitive upon payment.

Payment should be made on the following account:
SWIFT/BIC: KREDBEBB100
IBAN: BE60 7340 0666 0370
(KBC BANK, Interleuvenlaan 15c, B-3001 Heverlee)
with the reference: “400/0006/42259”.

Fee (includes coffee and tea breaks):

Early registration (before February 14th):

- 40 Euro

Registration (after February 14th):

- 50 Euro

Location:

This workshop will be held at the Faculty of Medicine O&N2; room HP 4, Herestraat 49, 3000 Leuven.

More information:

els.pazmany@med.kuleuven.be



**WORKSHOP WITH
SOPHIE BERGERON**



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**Multidisciplinary treatment
of women with dyspareunia**

Interactive workshop

March 17th 2012

**Institute for Family and Sexuality Studies
KU Leuven**

Belgium

Workshop with SOPHIE BERGERON

Prof. Dr. Sophie Bergeron is an Associate Professor in the Department of Psychology, University of Montreal and clinical psychologist in the Department of sex and couple therapy of the McGill University Health Centre (Royal Victoria Hospital).

Dr. Bergeron is director of a research lab about pelvic pain in women and is especially interested in women who experience dyspareunia and vaginismus. Her current research focuses on evaluating the effectiveness of cognitive, behavioural and medical approaches in the treatment of dyspareunia, and the role of marital factors in maintaining the experience of vaginal pain. Her previous work led to the development of a cognitive-behavioural program integrating pain management and sex therapy for the treatment of women with dyspareunia.

Prof. Dr. Bergeron has written many papers and contributed to many book chapters about dyspareunia and vaginismus.

Multidisciplinary treatment of women with dyspareunia

Dyspareunia, or pain during sexual intercourse, is diagnosed as a sexual dysfunction and has been traditionally approached as either a physical pathology or as a psychosexual conflict. This dualistic view in clinical practice has influenced the treatment of women with either the focus on medication and surgery or sex- and psychotherapy. Because all reports of dyspareunia include physiological and psychosexual aspects, pain relief or resolving the pain problem was rarely achieved. Further, it is proposed to conceptualize dyspareunia as a pain disorder rather than a sexual dysfunction because research showed similarities between chronic and recurrent dyspareunia and other chronic pain disorders. Moreover, although the experience of vaginal pain cannot be 'cured' in many women, reframing vaginal pain as a pain disorder is well accepted by women and their partners. Therefore, it is proposed to work with a multidisciplinary team to (resolve or) relieve the pain in women with dyspareunia by using a biopsychosocial treatment model of dyspareunia with specific attention to pain management.

This workshop is relevant for sexologists, psychologists, gynaecologists, physiotherapists, relaxation therapists and other professionals strongly involved in this specialized domain.

Date: March 17th 2012

Program time: 10:00-13:00 PM

Exchange of questions and discussion is encouraged. In order to ensure a profound level of the workshop, to suit best participants' questions, and to enable professor Bergeron to give hands-on advice, participants are welcome to e-mail questions beforehand until March 9th at the latest to Els Pazmany via email: els.pazmany@med.kuleuven.be.