

Printed from

**THE TIMES OF INDIA**

## Only 5 in 1,000 teens depend on parents for sex edu: Study

TNN 25 October 2009, 01:32am IST

MUMBAI: Only 0.5% of teenagers in the city get information on sex education from parents as opposed to 67.5% from the media and the internet.

This was revealed at the 25th National Conference of Sexology held on Saturday at Nehru Science Centre, Worli. Presenting a paper titled "Sexual Health Education by Urban Indian Parents", Dr Neelam Rane, professor at D Y Patil Medical College, said the study was conducted on 3,000 students in the age group of 15 to 19 years.

"The study was conducted in the form of a series of workshops with an idea to bring sexuality out of the closet and initiate a healthy dialogue with adolescents," she said.

The exercise - conducted by Dr Rane and a team of experts - revealed that 42% of the students got their first dose of sex-related information between 11 and 15 years of age, while only 8% received it between 19 and 20 years.

According to the study, what is of concern is that youngsters are not getting enough information from their parents. As a result, they seek knowledge from sources that may not be entirely reliable. Dr Rane suggested that schools should educate parents through PTAs so that they become comfortable talking about the subject.

The other sources of information are schoolteachers (4.5%), college professors (25%) and sexual health workshops (2.5%).

Dr Rane also stressed the need for authorities to introduce sexual health education in schools and do away with prejudices related to sex education and sexual health.

Arundhati Chavan, president of PTA United Forum, said: "Parents should not only provide children with information on the biological aspects of sex but also talk about the emotional side," she said.

**Topics:** [Teen](#) [Sex Edu](#)

- [What is Scientology?](#) : You Are Not Your Name, Your Job Or The Clothes You Wear. Scientology. : Scientology.org
- [Attachment Theory](#) : Access full-text academic books and journals. Research online @ Questia : www.Questia.com/Attachment\_Theory

Ads by Google

Powered by Indiatimes

[Home](#) | [Sports](#) | [Entertainment](#) | [Life & Style](#) | [Hot on the Web](#) | [Opinion](#) | [Blogs](#) | [Photos](#) | [Videos](#)

The Times of India

[Advanced Search](#)

Connect with us: [RSS](#) | [Newsletter](#) | [TOI Mobile](#) | [mPaper](#) | [ePaper](#)

Other Times Group news sites: [Indiatimes](#) | [The Economic Times](#) | [इकनॉमिक टाइम्स](#) | [ઇકોનોમિક ટાઇમ્સ](#) | [नवभारत टाइम्स](#) | [महाराष्ट्र टाइम्स](#) | [Mumbai Mirror](#) | [Times Now](#)

Living and entertainment: [iDiva](#) | [Bollywood](#) | [Zoom](#)

Networking: [itimes](#) | [Dating & Chat](#) | [Email](#)

Hot on the Web: [Hotklix](#)

Services: [Book print ads](#) | [Online shopping](#) | [Business solutions](#) | [Book domains](#) | [Web hosting](#) | [Business email](#) | [Free SMS](#) | [Free email](#) | [Website design](#) | [CRM](#) | [Tenders](#) | [Remit](#) | [Cheap air tickets](#) | [Matrimonial](#) | [Ringtones](#) | [Astrology](#) | [Jobs](#) | [Property](#) | [Buy car](#) | [eGreetings](#)

[About us](#) | [Advertise with us](#) | [Terms of use](#) | [Privacy policy](#) | [Feedback](#) | [Sitemap](#)

Copyright © 2009 Bennett, Coleman & Co. Ltd. All rights reserved. For reprint rights: [Times Syndication Service](#)

This site is best viewed with Internet Explorer 6.0 or higher, or Firefox 2.0 or higher, at a minimum screen resolution of 1024x768.